

List of Children's Books for Accessibility and Diversity Class
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1. Mama Zooms

From a child's point of view of their mother in a wheelchair and how they zoom together and it is her zooming machine. Child centred point of view and disability in a positive light. Demonstrates that the child's mother can still have fun with them, and the author has some relationship to lived experience as it is based off of her sister so credible source and children's book.

https://www.amazon.ca/Mama-Zooms-Jane-Cowen-Fletcher/dp/0590457756/ref=mp_s_a_1_1?crid=2KB01H528963J&keywords=mama+zooms&qid=1696921137&srefix=mama+zooms+%2Caps%2C203&sr=8-1

2. Just Ask: Be Different, Be Brave, Be You

This book has a variety of disabilities represented within its pages and poses a question to the reader after each one. The author is also diabetic so credible, but the one downside of the book is that the word disability or disabled is never used and the title adds some inspiration porn to the book.

https://www.amazon.ca/Just-Ask-Different-Brave-You/dp/B0833CP494/ref=mp_s_a_1_1?crid=24VZ6L930X37C&keywords=just+ask+be+different+be+brave+be+you&qid=1696919659&srefix=just+ask+be+different+be+brave+be+you%2Caps%2C155&sr=8-1

3. Moses Goes to a Concert

In this book we see how disabled children are able to enjoy experiences that their temporary able bodied counterparts enjoy. Moses is deaf and likes to play the drums and feel the vibrations. Along with other deaf students he attends a concert with a special surprise from the teacher. The book also includes SL words at the bottom of the page to be multilingual and teach certain words to readers.

https://www.amazon.ca/Moses-Goes-Concert-Isaac-Millman/dp/0374453667/ref=mp_s_a_1_1?crid=J5MONLKRZIQR&keywords=Moses+goes+to+a+concert&qid=1696919727&srefix=moses+goes+to+a+concert%2Caps%2C182&sr=8-1

4. Forward, Shakespeare

The author of the book herself was blind and had a seeing eye dog, and this book explores what a seeing eye dog does in a child friendly way even though this is beyond a picture book.

https://www.amazon.ca/Forward-Shakespeare-Jean-Little/dp/1551433397/ref=mp_s_a_1_15?crid=2SZ8976EJDEUR&keywords=jean+little&qid=1696920070&srefix=jean+little+%2Caps%2C200&sr=8-15

5. My Three Best Friends and Me, Zulay

This book shows both disability and POC representation but primarily focuses on the disability of blindness. Zulay is excited about her pink shoes, so much so in fact that she wants to run in them. Her classmates are worried about this because of her disability, but the teacher is confident that with some practice, Zulay will be able to run the track. This book demonstrates

accommodations and breaks the myth that physically disabled children may not be able to partake in physical activity.

https://www.amazon.ca/My-Three-Best-Friends-Zulay/dp/0374388199/ref=mp_s_a_1_1?crid=2A5IATXI7ICZ4&keywords=my+three+best+friends+and+me+zulay&qid=1696919558&sprefix=my+three+best+friends+and+me+zulay%2Caps%2C182&sr=8-1

6. Silent Lotus

This book looks at disability through a cultural lens bringing in the diverse aspect and also demonstrating how culture can change the way in which people view accessibility and disability. The book handles the subject of healing disability and the way religion can be used for that. However, the end of the book changes the narrative of healing the child to seeing the disability in a positive light.

https://www.amazon.ca/Silent-Lotus-Jeanne-M-Lee/dp/0374369119/ref=mp_s_a_1_1?crid=SSJHMM1JWVG8&keywords=silent+Lotus&qid=1696919493&sprefix=silent+lotus%2Caps%2C197&sr=8-1

7. I Talk like a River

When a young boy is bullied for his speech disorder, he is taught to embrace his connection with nature particularly the river. The boy learns that just as the river moves and flows without care, so does his speech. When the teacher assigns students to tell the class about their favourite place, Jordan tells the class about his connection to the river. This is a non-fiction picture book and is written by the main character himself.

https://www.amazon.ca/Talk-Like-River-Scott-Jordan/dp/1529502810/ref=mp_s_a_1_1?crid=38XHM3FUDP5OJ&keywords=i+talk+like+the+River&qid=1696923575&sprefix=i+talk+like+the+river%2Caps%2C161&sr=8-1

8. My Travelin Eye

This non-fiction picture book challenges the stereotype that disability can't have benefits. This book tells the author's story of being treated for her travelling, lazy eye at the age of seven, and although the people around her do not believe that there are any benefits to her lazy eye, Jenny maintains the mindset that there most certainly are, in fact even when she is going through treatment this mindset does not change.

https://www.amazon.ca/Travelin-Eye-Jenny-Sue-Kostecki-Shaw/dp/0805081690/ref=mp_s_a_1_1?crid=26N3AZ363XZFX&keywords=my+travelin+eye&qid=1696919923&sprefix=my+travlin+eye+%2Caps%2C168&sr=8-1

9. Not so Different: What you Really Want to ask About Living with a Disability

Another non-fiction picture book written by an author who has spinal muscular atrophy. Shane is use to other children looking at him so this book opens up dialogue and addresses questions others may be wondering about Shane's life. The book is a humorous one in order to ease the reader and to demonstrate that it is alright to discuss disability and ask questions. The book shows that children do not need to feel sorry for Shane because he is able to do things that other kids do.

https://www.amazon.ca/Not-So-Different-Really-Disability/dp/1626727716/ref=mp_s_a_1_3?crd=3GKQMRGO1N4H4&keywords=shane+burcaw&qid=1696919796&sprefix=shane+burcaw%2Caps%2C168&sr=8-3

10. Benji, The Bad Day, and Me

Written by a Neuro divergent author, this book focuses on Sammy who when struggling with a bad day wishes that his mother would pay some attention to him like she does with Benji who is autistic. After Sammy is nearing a breakdown it is Benji who steps in to save the day.

https://www.amazon.ca/Benji-Bad-Day-Sally-Pla/dp/1620143453/ref=mp_s_a_1_1?crd=2GAF87ASTY5OP&keywords=Benji%2C+the+bad+day%2C+and+me&qid=1696919421&sprefix=benji%2C+the+bad+day%2C+and+me%2Caps%2C185&sr=8-1

11. Hello Goodbye Dog

This is one book where the character is in a wheelchair, but the story has nothing to do with that showing children that disabled people can go about their normal lives. The dog Moose likes to show up in unexpected places but often has to leave Zara and her friends as he can't be in places like their school. Eventually Zara has an idea of how Moose can come to school with her, but first he must go to his own school. Though most of this book is positive some service dog misconceptions are present.

https://www.amazon.ca/Hello-Goodbye-Dog-Maria-Gianferrari/dp/1626721777/ref=mp_s_a_1_1?crd=23O33E0AEMZUF&keywords=hello+goodbye+dog&qid=1696919299&sprefix=hello+goodbye+dog%2Caps%2C276&sr=8-1

12. A Cane in Her Hand

The story follows Val as she loses her vision and how she learns to cope with it.

https://www.amazon.ca/Cane-Her-Hand-Bassett-Litchfield/dp/0807510564/ref=mp_s_a_1_1?crd=1254TWE27HWTP&keywords=the+cane+in+her+hand&qid=1696920362&sprefix=the+cane+in+her+hand%2Caps%2C178&sr=8-1

13. King for a Day

This book focuses on both disability and cultural diversity. A young boy living in Pakistan is looking forward to the spring festival and the tradition of kite fighting. He is determined to win the battle and in doing so stands up for his sister who is being bullied. He also happens to be in a wheelchair. The book shows that disabled people can stand up for themselves and others and also that they can enjoy activities.

https://www.amazon.ca/King-Day-Rukhsana-Khan/dp/1600606598/ref=mp_s_a_1_1?crd=1D44T5R5BXOBU&keywords=king+for+a+day&qid=1696920265&sprefix=king+for+a+day+%2Caps%2C182&sr=8-1

14. Ruby Finds a Worry

In this book children can learn about anxiety and mental health through a child focus and with a visible illustration of a worry that grows. Ruby's worry stops growing when she spots another child with a worry and goes to talk to him, demonstrating that worries

can go away by talking them through. This action is led by the child in the story which makes it a good book for young readers.

https://www.amazon.ca/Ruby-Finds-Worry-Tom-Percival/dp/1547607246/ref=mp_s_a_1_1?crid=1XX3V9FJTL3P6&keywords=ruby+find+a+worry&qid=1696928629&sprefix=ruby+finds+a+worry%2Caps%2C173&sr=8-1

15. I Want to be Mad for a While

A story of a cat who experiences anger. Introduces children to mental health, and rather than shutting out the anger, the cat learns that he just wants to be mad for a while.

<https://www.amazon.ca/I-Want-Be-Mad-While/dp/1338666541>

16. Ten Ways to Hear Snow

A child centred book with a cultural difference but also demonstrates a child-focused approach to thinking about disabilities without adult pressure.

https://www.amazon.ca/Ways-Hear-Snow-Cathy-Camper/dp/0399186336/ref=mp_s_a_1_1?crid=GEIH1XCLVLVN&keywords=ten+ways+to+hear+snow&qid=1696928947&sprefix=ten+ways+to+hear+snow%2Caps%2C190&sr=8-1

17. Dark Cloud

A book about mental health where children learn about their feelings and how they come and go. It is from a child perspective and shares her way of managing her dark cloud.

https://www.amazon.ca/Dark-Cloud-Anna-Lazowski/dp/152530657X/ref=mp_s_a_1_1?crid=E5UN721LEZZB&keywords=dark+cloud+picture+book&qid=1697146665&sprefix=dark+cloud+picture+book%2Caps%2C150&sr=8-1

18. Jasmine's Summer Wish

Though this book is about climate change and sustainability, it portrays Sikh south asian characters in a urban western setting even though the story is nothing about that.

<https://www.amazon.ca/Jasmins-Summer-Wish-Elizabeth-Glines/dp/0982711581>

19. Mandy Sue Day

Teaches children about farm life, but also features a child disabled character who demonstrates agency before her disability is mentioned at the end of the story.

https://www.amazon.ca/Mandy-Sue-Day-Karen-Ritz/dp/0395661552/ref=mp_s_a_1_1?crid=3T0FQ8DJUIYCV&keywords=Mandy+Sue+day&qid=1697150663&sprefix=mandy+sue+day%2Caps%2C339&sr=8-1

20. Little You

This book on the surface may not seem to fit the theme of children's accessibility and diversity, however; this book recognizes the importance of all children and their identities and was published in various languages and accessible formats and sent home with children born in the hospital.

https://www.amazon.ca/Little-You-Richard-Van-Camp/dp/1459802489/ref=mp_s_a_1_1?crd=1XXIKW3UQL00Q&keywords=Little+you&qid=1697147273&sprefix=little+you%2Caps%2C395&sr=8-1

21. Squishy Sand

A funny book that teaches children about the importance of creativity and accommodations as children try to help find ways to get a wheelchair through the sand at the beach.

https://www.amazon.ca/Squishy-Sand-Charlene-Mclver/dp/0648417832/ref=mp_s_a_1_1?crd=W6U7R0QETTZX&keywords=squishy+and+picture+book&qid=1696928508&sprefix=squishy+sand+picture+book%2Caps%2C190&sr=8-1

22. Cory Stories: A Kid's Book Living with ADHD

A book where Cory talks about his ADHD and how it effects him to educate children and his classmates.

https://www.amazon.ca/Cory-Stories-Kids-About-Living/dp/1591471540/ref=mp_s_a_1_1?crd=301PPGGFOPD6Y&keywords=cory+stories+living+with+adhd&qid=1697147387&sprefix=cory+stories+living+with+adhd%2Caps%2C164&sr=8-1

23. My Life With ADHd

A real girl's story written down of her explaining how ADHD effects her, but also talking about the other fun kid things she does regardless.

https://www.amazon.ca/My-Life-ADHD-Mari-Schuh/dp/1681526387/ref=mp_s_a_1_1?crd=CCGA57M118W3&keywords=my+life+with+adhd&qid=1697147473&sprefix=my+life+with+adhd+%2Caps%2C173&sr=8-1

24. A Case of the Zaps

A funny book about a robot who gets the zaps. Teaches about anxiety in a kid friendly way.

https://www.amazon.ca/gp/aw/d/1419756729/ref=tmm_hrd_swatch_0?ie=UTF8&qid=1697147010&sr=8-1

25. Hector's Favorite Place

When Hector the hedgehog gets anxious he slowly learns how to manage it little by little.

https://www.amazon.ca/Hectors-Favorite-Place-Jo-Rooks/dp/1433828685/ref=mp_s_a_1_1?crd=JN611NUK2EBV&keywords=hectors+favourite+place&qid=1697150873&sprefix=hectors+favourite+place%2Caps%2C172&sr=8-1

26. Armond Goes to a Party

Autistic Armond is nervous to go to a party but goes anyway after working through his worries. At the end Armond says the party was hard but that he is glad he went demonstrating that things are still challenging and that the disability is not magically

cured but rather will still be there. This also shows children how to best support someone like the main character and how we can maybe make spaces more accessible.

https://www.amazon.ca/Armond-Goes-Party-Aspergers-friendship/dp/1575424665/ref=mp_s_a_1_1?crd=2ZPHN65L622BQ&keywords=armond+goes+to+a+party&qid=1697151329&sprefix=armond+goes+to+a+party+%2Caps%2C157&sr=8-1

27. Beautifully Me

A book with culturally diverse characters who talk about body image and learn about weight and body image. The child is the one who teaches adults in this story.

https://www.amazon.ca/Beautifully-Me-Nabela-Noor/dp/1534485872/ref=mp_s_a_1_1?crd=PAYTAU3OW0UQ&keywords=beautifully+me+picture+book&qid=1697147163&sprefix=beautifully+me+picture+book%2Caps%2C295&sr=8-1

28. TaKinG up Space

This is not a picture book but another bigger book that deals with the topic of body image and one's looks.

<https://www.amazon.ca/Taking-Up-Space-Alyson-Gerber/dp/1338186000>

29. Wonder

Not a picture book but rather a chapter book for readers that changed things in Manny classes. Not only this, but this book provides Manny different points of views that are often lost or silent in the conversation around disability.

https://www.amazon.ca/gp/aw/d/0375869026/ref=tmm_hrd_swatch_0?ie=UTF8&qid=1697151701&sr=8-1

30. A Blue Kind of Day

A young boy is sad and does not want to get out of bed, and therefore his family are doing their best to make him laugh and feel better but nothing works. By the end of the book readers learn that you cannot fix the problem sometimes and that it takes waiting and time. Shows child agency and child decision making.

https://www.amazon.ca/gp/aw/d/0593324013/ref=tmm_hrd_swatch_0?ie=UTF8&qid=1697151967&sr=8-1

31. AarOn SIAtEr, Illustrator

When Aaron struggles with his words and writing in school, he learns that there are still things he can do and contribute to things in a different way. The book demonstrates that everyone has a role and a place and that we must play to our strengths.

https://www.amazon.ca/gp/aw/d/1419753967/ref=tmm_hrd_swatch_0?ie=UTF8&qid=1697152205&sr=8-1

32. Back to Front and Upside Down

Everyone is making birthday cards for the principal, but when puppy Stan is having trouble with his letters he learns the importance of asking for help and practice.

https://www.amazon.ca/Back-Front-Upside-Claire-Alexander/dp/0802854141/ref=mp_s_a_1_1?crid=355J12GRBCAP9&keywords=back+to+front+and+upside+down&qid=1697147564&srefix=back+to+front+and+upside+down%2Caps%2C230&sr=8-1

33. In My Heart: A Book of Feelings

Complete with heart cut outs this book goes through various feelings a child may experience with metaphors for children to better understand concepts. Each spread goes to a new feeling.

[https://www.amazon.ca/My-Heart-Book-Feelings/dp/1419713108/ref=mp_s_a_1_1?crid=1Q6AYDUY0KA0G&keywords=in+my+heart%3A+a+book+of+feelings&qid=1697152402&srefix=in+my+heart+a+book+of+feelings%2Caps%2C230&sr=8-1](https://www.amazon.ca/My-Heart-Book-Feelings/dp/1419713108/ref=mp_s_a_1_1?crid=1Q6AYDUY0KA0G&keywords=in+my+heart+a+book+of+feelings&qid=1697152402&srefix=in+my+heart+a+book+of+feelings%2Caps%2C230&sr=8-1)

34. Red: A Crayon's Story

When a blue crayon is forced into a slot with the label that it must be red, the crayon learns about finding one's identity.

https://www.amazon.ca/Red-Crayons-Story-Michael-Hall/dp/0062252070/ref=mp_s_a_1_1?crid=CF5034INH825&keywords=red+a+crayons+story&qid=1697152576&srefix=red+a+crayons+story%2Caps%2C178&sr=8-1

35. A Terrible Thing Happened

This book teaches children about trauma and the disability of PTSD. When the racoon is struggling with feelings and PTSD after an unnamed event, he learns about therapy and what can help PTSD.

https://www.amazon.ca/gp/aw/d/1557986428/ref=tmm_hrd_swatch_0?ie=UTF8&qid=1697167680&sr=8-1

36. Whimsy's Heavy Things

Another picture book focusing on PTSD and teaching children that trauma does not go away and what it does to you.

https://www.amazon.ca/Whimsys-Heavy-Things-Julie-Kraulis/dp/1770494030/ref=mp_s_a_1_1?crid=1KG1C5OYXP8IP&keywords=whimsies+heavy+things&qid=1697167913&srefix=whimsies+heavy+things%2Caps%2C237&sr=8-1

37. The Rhino Who Swallowed a Storm

When a mouse has to experience a storm he has some triggering feelings pop up, so papa mouse tells him a story of a rhino who swallowed a storm which teaches kids about PTSD and how we can carry trauma with us from events. Slowly the rhino has to learn how to let the storm out with some help from those around him.

https://www.amazon.ca/Rhino-Who-Swallowed-Storm/dp/0990539504/ref=mp_s_a_1_1?crid=31XMKIJLWRA00&keywords=The+rhino+who+swallowed+a+storm&qid=1697146919&srefix=the+rhino+who+swallowed+a+storm%2Caps%2C221&sr=8-1

38. My Special Eye

Let children learn all about the main character's prosthetic eye and how it is special to him in this story. Kids learn about blindness but also prosthetics and that not everyone has all their body parts.

https://www.amazon.ca/My-Special-Eye-childrens-prosthetic/dp/B08DSVJYQF/ref=mp_s_a_1_1?crid=2W4RU1P1YA57Z&keywords=my+special+eye&qid=1697168238&sprefix=my+special+eye%2Caps%2C189&sr=8-1

39. Amazing

This book simply is a story about a child and his friend the dragon, but it also demonstrates incidental inclusion without drawing much attention to the disabilities in the book.

https://www.amazon.ca/gp/aw/d/1444944703/ref=tmm_hrd_swatch_0?ie=UTF8&qid=1697168968&sr=8-1

40. Through the Eyes of Me

A book where a child talks about autism and how he sees the world from his point of view.

https://www.amazon.ca/Through-Eyes-Me-Jonathan-Roberts/dp/1912213001/ref=mp_s_a_1_1?crid=1X3RN8QE92LTG&keywords=through+the+eyes+of+me&qid=1697147989&sprefix=through+the+eyes+of+me%2Caps%2C173&sr=8-1

41. Off to the Park

Teach children to learn to rely on all their senses and talk to them how others may have to rely on certain ones more than others as you explore the park through this book. Not only this but the board book has been made accessible from the get go with braille, contrast colour, raised graphics.

https://www.amazon.ca/Off-Park-Stephen-Cheetham/dp/1846435021/ref=mp_s_a_1_1?crid=2ZUQSK39ZMC3K&keywords=off+to+the+park&qid=1697169221&sprefix=off+to+the+park%2Caps%2C188&sr=8-1

42. Off to School in My Wheelie Chair

A book about a child in a wheelchair as we follow him to school where he shows us all the fun he can have with it.

https://www.amazon.ca/Off-School-my-Wheelie-Chair/dp/0645483117/ref=mp_s_a_1_1?crid=Q47DKUZVJV1A&keywords=off+to+school+in+my+wheelie+chair&qid=1697169487&sprefix=off+to+school+in+my+wheelie+chair%2Caps%2C170&sr=8-1

43. Visiting Grandad's New Home

A book where a child learns about dementia and how this impacts her grandfather and the family. Teaches kids about this disability and also what a sudden change like this can bring. Although I actually found a copy of this book to read and it doesn't appear child focused and child centred enough for me. Appears quite surface level.

<https://www.barchester.com/sites/default/files/2019-06/Visiting%20grandad%27s%20new%20home.pdf>

44. Tigger and Jasper's new Home

A book about an independent blind lady where children learn about agency and that disabled people do not need help all the time.

https://www.amazon.ca/Tigger-Jaspers-Cheryl-Louise-Gillespie/dp/0995005613/ref=mp_s_a_1_1?crd=27ZV2ZUKD9ZNU&keywords=tigger+and+Jasper%27s+new+home&qid=1697147756&srefix=tigger+and+jasper%27s+new+home%2Caps%2C287&sr=8-1

45. Dan and Diesel

Human and guide dog have a special bond, and when Dan is separated from his dog, children learn why this impacts him even more than usual. May have some service dog myths included.

https://www.amazon.ca/Dan-Diesel-Charlotte-Hudson/dp/0099475855/ref=mp_s_a_1_1?crd=2SR0OCL6PKLA8&keywords=Dan+and+diesel&qid=1697147665&srefix=dan+and+diesel%2Caps%2C176&sr=8-1

46. The Black Book of Colours

A book of attempting to explaining colours to visually impaired children but also to show sighted children. The book is originally produced in braille with raised lines and graphics.

https://www.amazon.ca/Black-Book-Colors-Menena-Cottin/dp/0888998732/ref=mp_s_a_1_1?crd=3B4N5U0U6KOEU&keywords=The+black+book+of+colours&qid=1697147914&srefix=the+black+book+of+colours%2Caps%2C256&sr=8-1

47. The Boy With Long Hair

When a boy moves to a new school, children are not use to seeing a boy with long hair. He is bullied and teased, but learns why he loves it and in turn educates other children. **cannot find a Canadian purchase link**

<https://www.tejpublishing.com/store/product/the-boy-with-long-hair/>

48. Gidhaa Rani

A child learns about her own culture and tradition by asking questions and being curious.

<https://www.amazon.ca/Gidhaa-Rani-Deep-Kaur/dp/0986776807>

49. Hats of Faith

A book about hats, head coverings, and more from various faiths coming together in one place.

Children learn about the proper names and pronunciation.

https://www.amazon.ca/Hats-Faith-Medeia-Cohan/dp/1452173206/ref=asc_df_1452173206/?tag=googlemobshop-20&linkCode=df0&hvadid=292951058764&hvpos=&hvnetw=g&hvrand=1868155006681

[412184&hvplone=&hvptwo=&hvqmt=&hvdev=m&hvdvcmdl=&hvlocint=&hvlocphy=1001862&hvtargid=pla-526287035958&psc=1](https://www.amazon.ca/?hvplone=&hvptwo=&hvqmt=&hvdev=m&hvdvcmdl=&hvlocint=&hvlocphy=1001862&hvtargid=pla-526287035958&psc=1)

50. Joora

When children bully the main character about his hair, he teaches why he likes it and why it is important to him.

https://www.amazon.ca/Joora-Deep-Kaur/dp/154288215X/ref=mp_s_a_1_1?crid=3W2BLN9AS3JMR&keywords=joora&qid=1697171079&srefix=joora%2Caps%2C240&sr=8-1